

# Cheap Nursing CEUs

## Mental Health Care for Veterans

1. Which of the following best represents a sign that may indicate a military veteran is suffering from a mental health condition?

- A. Social isolation
  - B. Increased socialization
  - C. Weight gain over a period of four months
  - D. Weight gain over a period of six months
- 

2. A health care professional believes that a military veteran is suffering from PTSD. Which of the following signs/symptoms may indicate that the military veteran may be suffering from PTSD?

- A. Long-term feelings of rage
  - B. Eating when full or not hungry
  - C. Polyuria
  - D. Polyphagia
- 

3. A health care professional has questions regarding dissociative amnesia. Which of the following informational points of interest should be communicated to the health care professional?

- A. The onset for an amnesic episode associated with dissociative amnesia is typically sudden.
  - B. The onset for an amnesic episode associated with dissociative amnesia is typically sudden, and only lasts for 5 - 10 seconds.
  - C. Dissociative amnesia leads to dissociative identity disorder.
  - D. Dissociative amnesia leads to dissociative identity disorder in individuals over the age of 25.
- 

4. Which of the following statements is most accurate?

- A. The PC-PTSD-5 is a 5-item screen that was designed to identify patients with probable PTSD in primary care settings.
- B. The PC-PTSD-5 is a 10-item screen that was designed to identify patients with probable PTSD in primary care settings.
- C. The PC-PTSD-5 is a 5-item screen that was designed to identify patients with probable PTSD in hospitals.

**D. The PC-PTSD-5 is a 10-item screen that was designed to identify patients with probable PTSD in hospitals.**

---

**5. Which of the following best represents a question from the GAD-7?**

- A. Over the last two weeks, how often have you been feeling depressed?**
  - B. Over the last two weeks, how often did you feel euphoria?**
  - C. Over the last two weeks, how often have you been bothered by any of the following problems: feeling nervous, anxious, or on edge?**
  - D. Over the last two weeks, how often have you been bothered by any of the following problems: increased hunger, increased energy, and nervousness?**
- 

**6. Which of the following statements is most accurate?**

- A. 988 Suicide and Crisis Lifeline only accepts calls.**
  - B. 988 Suicide and Crisis Lifeline only accepts calls and texts.**
  - C. 988 Suicide and Crisis Lifeline only accepts calls, texts, and chats from individuals over the age of 21 who need support for a suicidal, mental health and/or substance use crisis.**
  - D. 988 Suicide and Crisis Lifeline accepts calls, texts, and chats from anyone who needs support for a suicidal, mental health and/or substance use crisis.**
- 

**7. A 42-year-old military veteran has questions regarding the Veterans Crisis Line. Which of the following educational points should be expressed to the patient?**

- A. If a military veteran is experiencing a crisis, he or she can contact the Veterans Crisis Line by dialing 911 and then pressing 2.**
  - B. If a military veteran is experiencing a crisis, he or she can contact the Veterans Crisis Line by dialing 988 and then pressing 1.**
  - C. The Veterans Crisis Line is reserved for individuals under the age of 25.**
  - D. The Veterans Crisis Line is reserved for individuals over the age of 65.**
- 

**8. A health care professional has questions regarding resources for military veterans. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Vet Centers are reserved for homeless veterans.**
  - B. VA Mental Health connects veterans to mental health services the VA provides for veterans and families.**
  - C. The NRD connects wounded warriors, service members, veterans, and their families with health care facilities that specialize in medication management.**
  - D. Moving Forward is a free, online educational and life coaching program that teaches military veterans under the age of 25 how to use naloxone.**
-

**9. According to the course, which of the following best represents a sign of delirium?**

- A. Trouble speaking**
  - B. Trouble walking without falling**
  - C. Incontinence**
  - D. Elevated blood pressure**
- 

**10. A 24-year-old male military veteran has questions regarding Zoloft. Which of the following educational points should be expressed to the patient?**

- A. A typically adult starting dose for Zoloft treatment is 25 mg daily.**
  - B. A typically adult starting dose for Zoloft treatment is 100 mg daily.**
  - C. Zoloft is not associated with decreased appetite.**
  - D. Zoloft is not associated with decreased libido.**
- 

**Copyright © 2024 Cheap Nursing CEUs**

**Visit us at <https://www.cheapnursingceus.com>**