

Cheap Nursing CEUs

Providing Quality Family Planning Services

1. Family planning services typically provide services such as pregnancy testing and counseling.

- A. True
 - B. False
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2. Which of the following statements is most accurate?

- A. The CDC recommends that all women over the age of 25, capable of having a child, should have a reproductive life plan.
 - B. The CDC recommends that all women under the age of 40, capable of having a child, should have a reproductive life plan.
 - C. The CDC recommends that all persons capable of having a child should have a reproductive life plan.
 - D. The CDC does not recommend individual life plans for patients.
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3. A 25 year-old female patient requires a sexual health assessment. Which of the following is the recommended first step for a sexual health assessment?

- A. Pregnancy prevention, e.g., discuss current and future contraceptive options.
 - B. Partners, e.g., ask questions to determine the number and gender (men, women, or both) and concurrency of the patient's sex partners.
 - C. Practices, e.g., explore the types of sexual activity in which the patient engages.
 - D. Past STD history, e.g. ask about any history of STDs.
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4. Clients should be informed that contraceptive methods, including condoms, offer no protection against STDs.

- A. True
 - B. False
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5. According to information provided by the FDA, which of the following is the most effective form of approved contraceptive methods?

- A. Spermicide
 - B. Male condom
 - C. Female condom
 - D. Intrauterine device
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6. Weight measurement is not needed to determine medical eligibility for any method of contraception because all methods generally can be used among obese women.

- A. True**
 - B. False**
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7. Which of the following statements is most accurate?

- A. A provider can be reasonably certain that a woman is not pregnant if she has no symptoms or signs of pregnancy and is within 2 days postpartum.**
 - B. A provider can be reasonably certain that a woman is not pregnant if she has no symptoms or signs of pregnancy and is within 2 weeks postpartum.**
 - C. A provider can be reasonably certain that a woman is not pregnant if she has no symptoms or signs of pregnancy and is within 3 weeks postpartum.**
 - D. A provider can be reasonably certain that a woman is not pregnant if she has no symptoms or signs of pregnancy and is within 4 weeks postpartum.**
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8. Which of the following statements is most accurate?

- A. Long-acting reversible contraception is a safe and effective option for many adolescents, including those who have not been pregnant or given birth.**
 - B. Long-acting reversible contraception is a safe and effective option for many adolescents, not including those who have not been pregnant or given birth**
 - C. Long-acting reversible contraception is not a safe option for adolescents, including those who have not been pregnant or given birth.**
 - D. Long-acting reversible contraception is not an effective option for adolescents, including those who have not been pregnant or given birth.**
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9. Providers should not encourage or promote communication between adolescents and their parent(s) or guardian(s) about sexual and reproductive health.

- A. True**
 - B. False**
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10. Which of the following statements is most accurate?

- A. If a pregnancy test is positive, a clinical visit should include an estimation of gestational age so that appropriate counseling can be provided.**
- B. If a pregnancy test is positive for any patient over the age of 18, a clinical visit should include an estimation of gestational age so that appropriate counseling can be provided.**

- C. If a pregnancy test is positive for any patient over the age of 25, a clinical visit should include an estimation of gestational age so that appropriate counseling can be provided.
- D. If a pregnancy test is positive, a clinical visit should not include an estimation of gestational age.
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11. A fellow health care professional has questions regarding an infertility care-related physical examination for male patients. Which of the following points of interest should be communicated to the health care professional?

- A. Only male patients over the age of 25 should receive a physical examination.
- B. Only male patients over the age of 40 should receive a physical examination.
- C. Male physical examinations should not include palpation of the testes and measurement of their size.
- D. Male physical examinations should include a digital rectal exam.
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12. Which of the following statements is most accurate?

- A. In a family planning setting, all women planning or capable of pregnancy should be counseled about the need to take a daily supplement containing 0.2 to 0.4 mg of folic acid, in accordance with the USPSTF recommendation.
- B. In a family planning setting, all women planning or capable of pregnancy should be counseled about the need to take a weekly supplement containing 0.2 to 0.4 mg of folic acid, in accordance with the USPSTF recommendation.
- C. In a family planning setting, all women planning or capable of pregnancy should be counseled about the need to take a daily supplement containing 0.4 to 0.8 mg of folic acid, in accordance with the USPSTF recommendation.
- D. In a family planning setting, all women planning or capable of pregnancy should be counseled about the need to take a weekly supplement containing 0.4 to 0.8 mg of folic acid, in accordance with the USPSTF recommendation.
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13. For female clients, providers should screen all sexually active women aged ≥25 years for chlamydia annually, in addition to sexually active women aged >25 years with risk factors for chlamydia infection.

- A. True
- B. False
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14. Which of the following statements is most accurate?

- A. Male clients aged 6–21 years should be offered HPV4 vaccine, if not vaccinated previously.
- B. Male clients aged 7–21 years should be offered HPV4 vaccine, if not vaccinated previously.
- C. Male clients aged 8–21 years should be offered HPV4 vaccine, if not vaccinated

previously.

D. Male clients aged 11–21 years (minimum age: 9 years) should be offered HPV4 vaccine, if not vaccinated previously.

15. Which of the following statements is most accurate?

A. ACOG recommends annual clinical breast examinations for all women aged >19 years.

B. ACOG recommends annual clinical breast examinations for all women aged >20 years.

C. ACOG recommends annual clinical breast examinations for all women aged >25 years.

D. ACOG recommends annual clinical breast examinations for all women aged >40 years.

16. Service sites that offer family planning services should have a system for conducting quality improvement, which is designed to review and strengthen the quality of services on an ongoing basis.

A. True

B. False

17. Which of the following statements is most accurate?

A. Providers should refer pregnant and parenting adolescents to home visiting and other programs that have been shown to provide needed support and reduce rates of repeat teen pregnancy.

B. Providers should only refer pregnant adolescents to home visiting and other programs that have been shown to provide needed support and reduce rates of repeat teen pregnancy.

C. Providers should only refer parenting adolescents to home visiting and other programs that have been shown to provide needed support and reduce rates of repeat teen pregnancy.

D. Providers should not refer pregnant or parenting adolescents to home visiting and other programs that have been shown to provide needed support and reduce rates of repeat teen pregnancy.

18. Family planning programs should not stock or offer contraceptive methods such as male condoms.

A. True

B. False

19. Which of the following statements is most accurate?

- A. CDC guidelines on contraceptive use provide evidence that long-acting reversible contraception is safe and effective for adolescents and nulliparous women.**
 - B. CDC guidelines on contraceptive use provide evidence that long-acting reversible contraception is not safe or effective for adolescents and nulliparous women.**
 - C. CDC guidelines on contraceptive use provide evidence that long-acting reversible contraception is not safe or effective for nulliparous women.**
 - D. CDC guidelines on contraceptive use provide evidence that long-acting reversible contraception is not safe or effective for adolescents.**
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20. Which of the following statements is most accurate?

- A. The U.S. Preventive Services Task Force recommends routine screening for ovarian cancer for individuals over the age of 18.**
 - B. The U.S. Preventive Services Task Force recommends routine screening for ovarian cancer for individuals over the age of 25.**
 - C. The U.S. Preventive Services Task Force recommends routine screening for ovarian cancer for individuals over the age of 40.**
 - D. The U.S. Preventive Services Task Force recommends against routine screening for ovarian cancer.**
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